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STICKING POINT



UBC prof looks at why child
vaccination rates vary so wildly
across Metro Vancouver cities

metroNEWS

What's for dinner — matters

FOOD SECURITY

**Affordable,
healthy food
linked to anti-
poverty effort**



David P.
Ball
Metro | Vancouver

What's on B.C. families' dinner tables needs to be part of an urgently needed anti-poverty plan for the province, advocates attending a summit in Richmond said Tuesday.

In a keynote speech that opened the two-day Poverty Reduction and Living Wage conference, the executive director of the West End's Gordon Neighbourhood House recounted his own childhood

being raised by a single mother below the poverty line.

"She worked three low-wage jobs," Paul Taylor said. "She was pretty much always working until she was unable to work anymore; she became ill."

"This is the case for so many folks that we don't talk about as much as we should.... This is the reality for a lot of families split up because of

poverty."

He said that the lack of food had a "significant" impact on his childhood, as well as his family's stress and mental health.

Gordon Neighbourhood House has focused many of its efforts on food security, ensuring that low-income residents have access to healthy, affordable food. But for him, access to food for all is also

about people's dignity.

"We're at a very critical juncture where we're seeing people who are working full-time needing to go to food banks ... We have to push back and say, 'This is not OK.'"

Tuesday also saw the release of a report from Food Banks Canada, which found that nearly 900,000 Canadians relied on the services to feed themselves in a single month

this year — March. That was a 1.3 per cent increase from the previous March and 28 per cent above 2008 levels.

For Trish Garner, with the B.C. Poverty Reduction Coalition, the disturbing increase in need bolsters the coalition's call for a provincial anti-poverty strategy ahead of next May's election. B.C. is the only province without one, she said.

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Homeowners caught off guard

REAL ESTATE

Owners of second houses didn't factor in empty home tax



Jen St. Denis
Metro | Vancouver

As Vancouver city council continues to debate the merits of taxing empty homes, owners of second homes say they have been caught off guard by the proposed tax that will cost them thousands more per year.

"There hasn't been a proper needs assessment of all the other people that are affected," said Barb Bulmer, who splits her time between Vancouver and the Sunshine Coast and knows several people who will be affected.

"It seems that there's just been this, oh you're the bourgeois, make room for the proletariat."

City council debated the tax on Nov. 15, and will hear from speakers and vote on whether to adopt the tax on Nov. 16. If approved, the first tax payments would be due on April 15, 2018.

Ed Wong, an engineer for an oil company in Alberta who uses a condo in Yaletown for one week a month thinks the city should exempt people who bought second homes before the tax was proposed. He anticipates he will have to pay an extra \$10,000 a year, on top of a \$3,000 property tax bill.

"When I bought this place



Empty homes in neighbourhoods like Coal Harbour will be subject to a new tax if approved by Vancouver city council this week.

JENNIFER GAUTHIER/METRO

four years ago, none of this stuff was even in place in terms of a tax," Wong said. "The vacancy rate wasn't near what it is now."

As Vancouver has grappled with a 0.6 per cent vacancy

rate, soaring rental rates and an increase in homelessness, the city has attempted to reign in the use of houses and apartments as investments. The proposed empty homes tax would cost homeowners one per cent

of the home's assessed value, and while there are several exemptions, none apply to Wong — except becoming a landlord.

The city is hoping a partnership with Landlord BC, a

landlord industry group, will be able to provide enough education and guidance to give property owners the peace of mind to rent out their property.

Owners like Wong should consider that they can make

“

It seems that there's just been this, oh you're the bourgeois, make room for the proletariat.

Barb Bulmer

more money renting the property they own and opt to stay in a hotel when they come to Vancouver, said Coun. Heather Deal.

Coun. Kerry Jang urged staff to ensure that information from the city and from Landlord BC is being sent out to those communities in Chinese and Punjabi, and to Chinese- and Punjabi-language media.

Culturally, it's a common practice to buy property for extended family in those communities, Jang said, and some are hesitant to rent property out.

"It's quite normal for Chinese to buy multiple properties because we're holding it for our children," he said. "We don't rent it out, because if you get a bad renter it can destroy the house."

Coun. Elizabeth Ball raised the issue of married couples who have decided to stay married, but live apart. The current policy does require married couples to have one principal residence, said housing planner Matthew Burke. Staff said they would look into the implications of that situation and report back to council on Nov. 16.

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Deb Rowland and Hugh MacPherson. CONTRIBUTED

CRIME

\$40K in handmade shaving gear nicked



Wanyee Li
Metro | Vancouver

An Alberta couple is still reeling after a trailer full of their handmade shavers, brushes, and razors was broken into last weekend in Vancouver.

Hugh MacPherson and Deb Rowland had spent the whole year shaping and polishing the handmade items in anticipation of the busy holiday market season, where artisanal products make for popular gifts.

Last week's Vancouver's Circle Craft Winter Market was their first stop on the holiday circuit, but it is also their last, after \$40,000 worth of goods were stolen from their trailer parked at the Century Plaza Hotel in Downtown Vancouver. The windows were smashed and the trailer's padlock cut.

"We had to cancel the rest of the shows because basically we have no product. We don't know what to do," MacPherson told Metro over the phone as he and Rowland drove home to De Winton, Alta.



The razors and brushes are made of antler and bone.

Each handmade piece can take as many as 10 hours to make, he said.

The couple, who started the business four years ago, did buy insurance for the products but Rowland says she is not sure it would cover everything.

"We're not going to lose our home, it's nothing brutal like that is going to happen to us but it's a lot of hard work and a lot of love and passion went into it."

The razors, shaving brushes, pens, and more are handcrafted from antler and bone, said MacPherson, who has a woodworking background. Sometimes, Rowland inlays rare stones and pearls into the handles.

B.C.'s children get a veteran advocate

GOVERNMENT

Bernard Richard named as province's voice for youth



Jen St. Denis
Metro | Vancouver

MLAs tasked with finding a replacement for one of British Columbia's toughest government watchdog positions say they've found the right man — and he can start right away.

An all-party committee of MLAs has recommended that Bernard Richard, who has worked as a lawyer, social worker and politician in New Brunswick, be hired to replace Mary Ellen Turpel-Lafond as B.C.'s representative for children and youth.

"There was a lot of concern there was going to be a gap between the end of Mary Ellen's appointment at the end of November," said Melanie Mark, NDP critic for children and family development and a member of the committee to find an interim replacement for B.C.'s independent representative for children and youth.

If Richard had not been able to begin the job in November, there would have been a gap of several months until the Legislature sat in February.

"I'm glad that there is now someone who is going to fill her shoes — and someone who comes with credentials."

Richard has been a municipal and provincial politician in New Brunswick, and held the position of Ombudsman for New Brunswick, which included overseeing



Bernard Richard has had a long service career in New Brunswick. CONTRIBUTED

"I'm glad that there is now someone who is going to fill her shoes."

Melanie Mark on Richards replacing Mary Ellen Turpel-Lafond

rights to information and privacy. He recently led a team of experts to develop a new model for child and family services for the New Brunswick First Nations Chiefs.

He replaces Turpel-Lafond, the representative for the past 10

years. She has been a fearless and forceful critic of government, at times in the face of criticism from those in power who have questioned whether her office should continue to exist. Her latest report focused on the high number of children who have been the victim of sexualized violence while in foster care.

Turpel-Lafond is indigenous and Richards is not. Given the high proportion of indigenous children in foster care, "people are asking, 'Why wasn't someone indigenous hired?'" Mark said. But she said Richards will be supported by Dawn Thomas Wightman, the deputy representative.

"(Wightman) is an indigenous

woman who has experience in adoptions who's been with the office for a number of years, who worked for the Ministry of Children and Families," Mark said. "The representative is in good hands."

Mark noted that the Office of the Representative of Children and Youth is currently working on several important reports, including:

- Alex Gervais, an 18-year-old youth in foster care who had been housed in a hotel and jumped out of a window to his death in September 2015.

- Nick Lang, a 15-year-old boy who died while in a drug rehab centre funded by the Ministry of Children and Families.

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Families in affluent areas less likely to vaccinate children

STUDY

West Vancouver has immunity rates 30% lower than required



Wanyee Li
Metro | Vancouver

Vaccination rates vary widely in Metro Vancouver, and families in higher-income communities can be more hesitant to vaccinate their children, according to a new University of British Columbia study.

Neighbourhoods such as well-to-do West Vancouver had a kindergarten vaccination rate about 30 percentage points lower than what is required for herd immunity — 90 per cent.

By the time children enter kindergarten, they can be protected from measles, mumps, hepatitis B and four other diseases. Richmond was the only area to score higher than 90 per cent for these vaccines.

This phenomenon is a direct reversal of what researchers usually see in health data, said lead author Richard Carpiano.

Overwhelmingly, affluent families are able to better protect themselves from health risks, he said, but this data shows local vaccination rates do not follow this pattern.

"The fact that you would see health risk occurring in affluent communities is a very different thing than where we think a drug outbreak or something you'd associate in much lower income areas like a rise in diabetes or something like that," said Carpiano, a UBC sociology professor.



Kindergarten-aged children can receive vaccines for seven different preventable diseases, some of which can be life threatening. RYAN REMIOWZ/THE CANADIAN PRESS

"So the idea here, to think that you would see such a pattern — it is a bit unusual."

The study draws 2013-14 data from Vancouver Coastal Health to conduct the study.

Carpiano says the findings may point to the growing ideal that parents should have a heavy hand in child-rearing — one that demands parents

do their own research before making decisions about their children.

"They can find things online, they can read a peer-reviewed

study or (see) a news report about a side effect."

But parents don't always understand the context of the risk and that's when personal

choices can have dire public health impacts, especially if those parents live in the same community, he said.

"We know that communities where there is hesitancy can often cluster in networks," Carpiano said.

"As a result of that, that safety net that they might think is there might really not be, or



That safety net that they might think is there might really not be, or there may be some holes in it.
Richard Carpiano

+ GOING DOWN

UBC researchers used Richmond as a baseline for the study because it had the highest vaccination rate, with more than 90 per cent of kindergartners having up to date vaccinations.

West Vancouver/Bowen Island: 30% lower than Richmond

North Vancouver: **20%**
Downtown Eastside: **12%**
Vancouver West: **10%**
Vancouver Midtown: **11%**
Vancouver City Centre: **5.6%**
Vancouver Northeast: **4%**
Vancouver South: **0.5%**

there may be some holes in it."

Herd immunity, which protects even unvaccinated people, is the goal of any vaccination program and requires a 90 per cent vaccination rate to achieve it, he said.

Carpiano and fellow researcher Julie Bettinger also found that kindergarten students in non-religious private schools were 10 per cent less likely to be vaccinated than their public school counterparts.

Bettinger, who works at BC Children's Hospital, says if vaccination rates do not increase in order to achieve herd immunity, policy-makers may need to consider stiffer rules.

"We may be headed toward something like (mandatory vaccination) if individual altruism motivation or even individual protection is enough to convince people to get it done."

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Tackling the puzzle over high MS rates in women

FUNDRAISING LUNCH

Disease affects three times more women than men



David P. Ball
Metro | Vancouver

Despite recent breakthroughs in the quest to discover a cause or cure for multiple sclerosis, researchers still don't know why it affects three times more women than men.

The chronic, debilitating nervous system disease affects roughly 100,000 Canadians, the greatest number of them between ages 15 and 40, making this the highest rate in the world, according to the MS Society of Canada.

On Thursday, a group hoping to fund deeper research into the links between gender and MS is holding an event in Vancouver, in hopes of getting closer to an answer.

"It's really about women in the community supporting a cause like MS," explained MSSOC vice president of research Dr. Karen Lee in a phone interview. "For some reason, women are more impacted than men."

"It could be related to hormones; quite a few women who have been diagnosed with MS had their first attack after giving birth."

In addition to studies examining that potential link, she



In Dr. Jacqueline Quandt's laboratory at UBC, pictured here, research is focused on how immune cells contribute to both damage and repair in multiple sclerosis. CONTRIBUTED/UNIVERSITY OF BRITISH COLUMBIA

Research provides hope for everyone. That's what we consistently hear.

Dr. Karen Lee, Multiple Sclerosis Society of Canada

said, there are also treatments being explored using estrogen and prolactin, a hormone produced during pregnancy.

Other research being funded by the society, to the tune of up

to \$12 million a year, is looking at stem cell treatments and biomarkers. And this summer, a University of B.C. study discovered long-sought genetic links to the most debilitating form of MS.

Tania Vrionis, MS Society of Canada's B.C. and Yukon president, said in a statement last year's inaugural WAMS event raised \$85,000 toward research.

"We are thrilled to be holding this event for a second time to continue this movement and bring together strong, passionate individuals who are fighting for such an important cause," she said.

As Lee noted, because the actual cause of the disease is still a mystery, there's much work to do. "Research provides hope for everyone," she said. "That's what we consistently hear."

The Women Against Multiple Sclerosis fundraising luncheon will be held Thursday 12:30 p.m. to 2:30 p.m. at the Four Seasons Hotel Vancouver. Tickets are available at wamsbc.ca.

Writers protest sacking

Margaret Atwood, Yann Martel and Madeleine Thien are among the names of prominent Canadian authors attached to an open letter demanding an external investigation of the University of British Columbia's firing of Steven Galloway.

The acclaimed Vancouver-based writer was fired from his position as head of the creative writing department in June, following a months-long probe into allegations of misconduct.

The publisher for author Joseph Boyden confirmed he spearheaded a group effort to write and circulate the open letter, although not all those named on the list could be reached to confirm their support.

Boyden, who is the author of the award-winning novel *Through Black Spruce*, sent an email to writers asking for their signatures, saying the open letter "does not draw conclusions about guilt or innocence, but focuses on a process that ill-served complainants and Mr. Galloway."

The letter criticizes the university for publicizing last year that Galloway was suspended pending an investigation of "serious allegations," casting a "cloud of suspicion" over the professor.

The university appointed former B.C. Supreme Court judge Mary Ellen Boyd to investigate the allegations against Galloway, but it has refused to make the findings of her report public.

THE CANADIAN PRESS

PROPERTY

Real-estate numbers keep on tumbling as market cools off

Figures from the British Columbia Real Estate Association show October was another challenging month for housing sales in some parts of British Columbia, while other regions prospered.

The association says 7,272 residential properties changed hands in October, a decline of 16.7 per cent compared with October 2015.

The total amount of all October sales was \$4.4 billion, a tumble of 24.2 per cent compared with the same period last year.

The average price of a home was \$606,787, down 9.1 per cent.

Association chief economist Cameron Muir says home sales

\$70.4B

In spite of the challenging short-term, over the first 10 months of the year, the total sales volume in the province was \$70.4 billion, a 27.4 per cent increase from a year ago.

across the Metro Vancouver area fell when compared with the elevated levels of last October, but he says the numbers show sales in the metro region stabilized on a month-to-month basis.

Muir also points to strong year-over-year gains in sales

on Vancouver Island and in B.C.'s interior, regions not covered by the 15 per cent tax imposed by the province in August on home sales by foreign purchasers.

"The decline in the average residential price reflects a smaller proportion of transactions in the province originating in Vancouver," says Muir, noting housing demand remained mixed across B.C. in October.

The association reports home sales through the Real Estate Board of Greater Vancouver fell to 31.4 per cent of B.C. transactions last month, compared to 42.6 per cent a year ago.

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#WomenOnBoards

A Metro special focus

Corridors of power filled with men

ANALYSIS

Few women in Crown corps that directly impact your life



Ryan Tumilty
Metro | Ottawa

When the Bank of Canada changes interest rates, financial markets around the world move and your credit card can get a lot more expensive.

The Canadian Mortgage and Housing Corporation (CMHC) sets the rules that ultimately determine if you get approved for a mortgage — and how much it will cost.

If you fly anywhere in Canada, the Canadian Air Transport Security Authority (CATSA) is

the organization that determined the size of the shampoo bottles you are allowed to pack in your carry-on bag.

And if you live in Ottawa, the ubiquitous National Capital Commission has a huge impact on your life. Even if you don't live in the capital, the NCC is the organization that makes decisions about our country's national monuments.

While women make up about 34 per cent of the appointments to all 42 of the federal government's Crown corporations, it's safe to say that not all of these organizations are created equally or have the same impact on your day-to-day life.

And some of those that do directly impact you are mostly run by men.

Only four of the Bank of Canada's 15-person board are women. At the CMHC, only

ABOUT THIS SERIES

THIS WEEK Metro will look closer at the Crown corporations that the federal government oversees, which **our analysis shows are overwhelmingly male.**

Many of these Crown corporations have huge influence on the lives of Canadians, from the interest rates they pay banks, to mail delivery to airport security.

two of the 12 board seats are held by women. CATSA has three women on its 11-person board, while the National Capital Commission has three women on its 15-person board.

There are other boards whose gender balance is more skewed towards men, such as the all-male boards of the Laurentian Pilotage Authority and the Canadian Dairy Commission, but few Canadians

are significantly affected by those organizations. The Bank of Canada, on the other hand, matters to anyone with a bank account.

Duff Conacher, co-founder of the group Democracy Watch, said some of the more influential Crown corporations definitely need to more broadly reflect the makeup of the country.

"There is a question about whether some Crown corporation boards really have to be representative of society," he said, "whereas others, it seems more clear that they should be demographically representative."

Conacher said the corporations that are dealing with technical areas might not have to be that reflective, but "the ones that are making societal decisions," need to be diverse. "They should be more like legislatures and should be more representative of society," he said.

Penny Collette, an adjunct law professor at the University

of Ottawa and a former director of appointments for prime minister Jean Chrétien, said the corporations are essentially an extension of government and need diversity at the board table and executive offices.

"Even though Crown corporations are arm's length from government, nevertheless they present a public face and therefore should reflect the government's strong commitment to gender diversity — and not just on their boards. But in the C suite, too," she said, referring to a corporation's most important senior executives.

Conacher contends that if the government really wants diversity — along with more transparency — it should make the appointment process more arm's length.

He said structural changes like that would take this from a commitment to a concrete change that isn't there right now. "You just have a commitment that doesn't have to be filled," he said.

Karine LeBlanc, a spokes-

person for the Canadian Mortgage and Housing Corporation, said they are looking to fill vacancies right now and always have diversity top of mind.

"CMHC remains committed to supporting an approach that strives for the increased representation of women on our board," she said.

WHAT YOU CAN DO



The federal cabinet appoints new directors to Crown corporation boards when positions open up. You can advocate for more diversity by contacting your MP and with the hashtag **#WomenOnBoards.**

You just have a commitment that doesn't have to be filled.
Duff Conacher, co-founder of Democracy Watch



WE ARE PLEASED TO ANNOUNCE

BINDI WATTS has joined The Value Property Group as Senior Leasing Associate. Bindi is a licensed commercial real estate broker and previously worked at Cushman & Wakefield. Bindi is providing leasing services out of our Surrey leasing office, located in Newton.

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THINGS ABOUT THE LAST TRUDEAU VISIT TO CUBA

Prime Minister Justin Trudeau arrived in Cuba today, the first official visit by a Canadian prime minister in almost two decades. Back in 1976, with the Cold War still underway, Justin's father, then-PM Pierre Trudeau, visited and not everybody was happy about it. TORSTAR NEWS SERVICE



1 A diplomatic first

Pierre Elliott Trudeau's January 1976 visit to Cuba made him the first Western leader to make a visit to Fidel Castro's Cuba. Back then, the Cold War was still underway and the elder Trudeau was criticized for giving credibility to a Communist regime that had the support of Moscow. This time around, it's hard to imagine the situation will be that politically charged.

2 Not just the sun was warm

Trudeau was cheered by more than 250,000 as he stood alongside Castro in an open car that cruised through Havana. "The warmth of the welcome was an indication that Premier Fidel Castro has pulled out all the stops to turn Trudeau's visit into a diplomatic triumph for Cuba," Bruce Garvey wrote in the Toronto Star. That warm spirit extended to when they later gave their speeches.

3 Tight security

Castro wore a gun during the visit, as was his custom. Trudeau wore an ascot, as was his. At one point, Canadian aides clashed with Cuban security trying to catch up with Trudeau. "Later, the Cubans hastily explained they feared a CIA-attempt on Trudeau's life to embarrass Cuba," it was reported.



5 Michel melted Castro's heart

Trudeau was accompanied on the trip by his wife Margaret and three-month-old Michel, their youngest son. Castro gushed over the baby, cooing and holding him warmly. When Michel died in an avalanche in 1998, Castro made the trip to Montreal for his funeral.

4 Trudeau criticized and was criticized

Trudeau questioned Castro for Cuba's intervention in the Angolan civil war and Trudeau came under fire from critics, who thought his visit was anti-American.

PRIVACY

Mounties want data without warrant

The RCMP is lobbying Prime Minister Justin Trudeau for more powers — including access to digital information without warrants — to investigate suspects who are hiding behind uncrackable encryption on their digital devices, a Torstar News Service/CBC investigation has found.

"I can safely say that there's criminal activity going on every day that's facilitated by technology that we aren't acting on," RCMP Commissioner Bob Paulson told Torstar and CBC in an exclusive interview. "We're losing our ability, if we haven't lost it entirely, to bring the traditional investigative response to technologically facilitated crime because of the misunderstanding, in my view, of the privacy threat."

The RCMP has reached a point, Paulson said, that Canadians should "think about where you go with that complaint because I don't know that we can help you."

TORSTAR NEWS SERVICE

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U.S. POLITICS

Factions jockey for position as Trump spends ages inside

Hidden from the public in his Manhattan highrise, Donald Trump huddled Tuesday with Vice-President-elect Mike Pence as he tried to fill out key posts in his cabinet. But the transition team appeared to be straining under the enormous challenge of setting up a new administration.

Former Rep. Mike Rogers, a respected Republican voice on national security issues, announced he was quitting the transition effort.

With Trump out of sight for several days, his allies engaged in an unusual round of public speculation about his appointments — including their own futures — as the president-elect and his aides weighed the nation's top national security posts.

Former New York Mayor Rudy Giuliani seemed to be angling for secretary of state. But Trump's transition team was reviewing



Passersby take selfies at Trump Tower in New York on Tuesday, as Donald Trump is holed up inside. KATHY WILLENS/THE ASSOCIATED PRESS

Giuliani's paid consulting work for foreign governments, which could delay a nomination or bump Giuliani to a different position, according to a person briefed on the matter but not authorized to speak publicly about it. A Trump official said John Bolton, a former U.S. ambassador to the United Nations, remained in contention for secretary of state.

A person familiar with the transition efforts said different

factions in Trump's team "are fighting for power."

Trump did finally emerge Tuesday night to move about the city without a pool of reporters. Journalists were only aware that Trump was leaving when they spotted a motorcade pulling away. The move was a surprise given that Trump's campaign had already signalled he would not be venturing out for the rest of the day. THE ASSOCIATED PRESS



Donald digest

Bannon not so bad?

Trump campaign manager Kellyanne Conway insists that White House strategist Stephen Bannon isn't as scary as people say. AP

N.Z. gets a 'cordial' call

Trump called New Zealand Prime Minister John Key on Wednesday to express sympathies for the quake that killed two. The call was "warm and cordial." AP

Protecting immigrants

Mayors of major cities that have had cool relationships with immigration officials say they will do all they can to protect residents from deportation. AP

Masks in high demand

Ogawa Studio, the only manufacturer of rubber masks in Japan, is working to catch up with a flood of orders for Trump masks since his election. AP

NEW ZEALAND

Stranded earthquake cows given beef relief

Three New Zealand cows, whose predicament captured the interest of many people around the world after they became stranded on a small island of grass following a powerful earthquake, have been rescued.

The Newshub news service reported Tuesday that the two cows and a calf were rescued after a farmer and some helpers dug a track to them and brought them out. The farmer, who was not named, said the cows were desperate for water after they were rescued. He said the quake fault



The stranded cows. NEWSHUB

line ran right beneath his farm, which had been relatively flat before the earthquake. THE ASSOCIATED PRESS

IN BRIEF

Suspect in fatal airline shooting found dead

A Southwest Airlines employee was shot dead outside Oklahoma City's Will Rogers World Airport on Tuesday. Police identified the victim as Michael Winchester, 52, and said a suspect was found dead in a pickup truck in an airport garage. THE ASSOCIATED PRESS

Parents charged with starving teenage son

Authorities said a 14-year-old boy weighing about 55 pounds is fighting for his life after spending much of two years locked in the basement of his Alabama home. His parents, Richard and Cynthia Kelly, are accused of denying the boy food and medical care. THE ASSOCIATED PRESS



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JESSICA ALLEN ON THE CRUTCH OF MYSTICISM

I've never understood why science doesn't better satisfy the spiritual void. We are literally made of stardust. It doesn't get more magical than that.



Three days after Donald Trump was elected president, Lena Dunham posted an Instagram photo of fortune teller mahjong cards. "We're all desperate for answers," she said.

We just might be looking in different places, depending on our age and gender. A 2014 Pew survey revealed that while millennials, like Dunham, are less interested in traditional western religion, "mysticism, witchcraft and magic are stepping in to fill the spiritual void."

Statistics have shown that more women than men put stock in fortune tellers and astrology. A 2005 Gallup poll found that 33 per cent of Canadian women believed "that the position of the stars and planets can affect people's lives," compared to 17 per cent of men.

Eleven years later, an Angus Reid study reported: "When it comes to paranormal phenomena such as ghosts, communication with the dead, and psychic powers, women are about twice as likely men to believe such things are possible."

I know, I'm being such a typical Scorpio right now, passionately concerned about a 2014 report that revealed Canadian women were 21 per cent less science-literate than men, overzealous when faced with websites read mostly by women that perpetuate the problem.

We want to feel that we're part of something, that there's control and order in a chaotic world.

A piece on Flare.com called "Crystals for Beginners: An Intro to the Millennial Obsession," for example, delved into the science behind the pseudoscience by linking to a spirituality site called Self-growth.com. And in September a story on NASA's website, whose purpose was to help children understand the difference between astrology and astronomy,

Same: Here's What NASA Got Wrong." The same age that witnesses NASA send a probe into orbit around Jupiter is the also the one in which women's magazines claim that the space agency is full of it.

Others even use the mystical in an attempt to further feminism. "The witch as an icon is resonating right now because we've entered a fourth wave of

Using the same superstitious ideology that saw tens of thousands of women murdered hundreds of years ago because of their gender may not be the best way to correct sexism. It also can't be good for the movement's brand, especially in an age where women are still being murdered: "Nearly 2,100 people accused of witchcraft have been killed between 2000 and 2012" in rural India, the Washington Post reported in 2014.

Believe me, I understand the allure of wanting to tap into something ancient, to experience awe. We want to feel that we're part of something, that there's control and order in a chaotic world.

You might see the positions of the stars and planets as containing information about your personality and your future. There's no mechanism to explain how that actually works, but it satisfies your sense of wonder. What satisfies mine is that our galaxy has about 200 billion stars and 10 billion planets — and that there are between 100 and 200 billion galaxies in the 13.77-billion-year-old universe. In other words, there's little chance that the universe cares about my existence, let alone when I was born.

I've never understood why science doesn't better satisfy that spiritual void. We are literally made of stardust. It doesn't get more magical than that. Unless, that is, Sunday's Super Moon, a term, ironically, first coined by an astrologer, can explain Trump's ascendancy.

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

Leave those alt-right recruiting posters out where we can see them

A mystery person has left posters all over Toronto asking white people about their concerns and if they'd like to join the alt-right.

The city's police hate-crimes unit is reviewing complaints while city staff and residents have been pulling down these posters.

Earlier this fall, posters saying things like "If you're so obsessed with your third world culture, go the f**k back to where you came from" were mysteriously posted around the University of Alberta's campus.

It's the Case of the Unknown White Supremacist.

If as a citizen, you want to remove these posters, you're within your rights. But I'd rather we publicly reckon with the issues they bring up. To that end, I'd like to discuss some of the questions posed by the Toronto posters.

So, hey, white person: "Tired of political correctness?"

If yes, do you mind being more specific? Like, are you tired of not getting to use the N-word or are your concerns more about feeling left out of using words like "bae"?

"Wondering why only white countries have to become 'multi-cultural'?" There is no such thing as a white country. Next question.

"Figured out that diversity only means 'less white people'?" Well, have you? (Just kidding! But only sort of!)

"Disgusted by the garbage on television?" Girl, me too. I can't believe that Kevin James has another television show. And Shonda Rimes can't be the

only television producer in Hollywood. High-quality television is an ideal that should unite us, not divide us.

We should also be united in concern that police are intervening. Some kinds of public property, such as telephone poles, are open to those who want to promote their band's next gig, announce a garage sale or doubt the Holocaust. Even if you're not politically neutral, utility poles are.

Freedom of expression ought to be protected, not just for speech that's palatable but also for speech that's difficult to stomach. The lesson ought to be learned from the Trump win and its violent racist aftermath: Hate speech largely confined itself to dark corners of the Internet, where it went largely unexamined by mainstream media and the general public. And a dark, powerful and arguably decisive force wasn't accounted for until the votes were counted.

Canada is not immune to those forces. The Internet knows no borders. Now that ultra-right-wing ideas have made their presence felt across Europe and the United States, I want as many people — white people especially — to know about the dangers that white supremacists pose in this country, and to engage with those who are most vulnerable to those ideas.

So, hey, white person, I'll protect your right to freedom of expression if you'll listen to my concerns about race.



OK, NOW WE GET IT Actor Lena Dunham posted this image of fortune teller mahjong cards to Instagram earlier this week, in an apparent bid to make sense of the recent U.S. election.

INSTAGRAM

went viral because the space agency mentioned that the Babylonians left out a constellation, Ophiuchus, from the zodiac, meaning your star sign is not really what you think it is. TheKit.ca interviewed a celebrity astrologer who debunked NASA, placating readers who thought for a terrifying moment that they were a Cancer rather than a Leo. An Elle.com headline read "Your Star Sign Is Still The

feminism," an author of a book called What Is a Witch told Salon. "We are redefining what power, leadership, beauty and value look like on our own terms. And the witch is the ultimate symbol of female power. Doing witchcraft is a way to connect to that energy, which is so needed right now, as we're beginning to collectively course correct thousands of years of sexism and oppression."

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Amy created this irresistible sticky-sweet sauce of honey and citrus to pair with (guess what?) whiskey and ginger.

Whiskey Ginger Cocktail Meatballs

Makes 24

Ingredients:

- 1 tbsp olive oil
- 2 tsp sesame oil
- 3 garlic cloves, minced
- 1 tbsp peeled and finely diced ginger
- 2 shallots, finely diced
- 1 lb (500 g) grass-fed ground beef
- 1/2 lb (250 g) ground pork
- 2 tsp kosher salt
- 2 tsp soy sauce
- 1 tsp freshly ground black pepper
- 1/4 tsp red pepper flakes
- 1 cup (250 mL) rice cakes or crackers, processed to crumbs
- 1 egg
- 1 tbsp orange zest

Sauce

- 1/4 cup (60 mL) bourbon or other aged whiskey
- 1/2 cup (125 mL) freshly squeezed orange juice
- 1/4 cup (60 mL) salted butter
- 1/4 cup (60 mL) honey (preferably local)
- 1/2 tsp cornstarch
- 1 tsp freshly squeezed lemon juice
- 2 green onions, chopped, for garnish
- 1 tbsp sesame seeds, for garnish
- 1 tbsp orange zest, for garnish

Directions:

Meatballs

1. Preheat oven to 375°F (190°C).
2. In a large frying pan on high, heat olive and sesame oils. Add garlic, ginger and shallots and sauté for 3 minutes until softened. Transfer to a medium bowl. Set pan aside.
3. Using your hands, combine ground beef and pork, salt,

soy sauce, pepper, red pepper flakes, crumbs, egg, and orange zest in bowl with shallot mixture until all ingredients are well combined.

4. On a parchment-lined baking sheet, place 2 tbsp meatball mixture in mounds spaced 1 in (2.5 cm) apart. Using your hands, roll each mound into a ball.

5. Bake for 18-20 minutes or until cooked through.

Sauce

1. Meanwhile, return frying pan to high heat. Add whiskey and orange juice and bring to a boil. When liquid is reduced to half, add butter and honey, and reduce heat to medium. Dissolve cornstarch in 2 tsp water and add to pan. Bring to boil and stir until mixture thickens, about 3 minutes.

2. Reduce heat to low, add lemon juice and meatballs to pan, and toss until well coated.

3. Garnish with chopped green onions, sesame seeds, and orange zest and serve with cocktail toothpicks.

Roasted Fall Vegetables with Saffron Aioli

Ingredients:

- 1/2 head cauliflower, stem removed and cut into florets
- 1 acorn or carnival squash, seeded and sliced into 1/2-in (1-cm) strips
- 2 red bell peppers, seeded and sliced into 1/2-in (1-cm) strips
- 1/2 head broccoli, stem removed and cut into florets
- 1 bunch slender carrots, peeled
- 2/3 cup (160 mL) olive oil
- 5 tbsp (75 mL) kosher salt
- 5 tsp freshly ground pepper
- 3 tbsp red wine vinegar
- 2 garlic cloves, finely minced
- 1 pinch saffron thread, crumbled
- 1 tbsp honey
- 1 cup (250 mL) mayonnaise

Directions:

Roasted fall vegetables

1. Preheat oven to 375°F (190°C).
2. In a large bowl, toss each vegetable separately in 2 tbsp olive oil. Add 1 tbsp salt and 1

tsp pepper to each vegetable, tossing again to ensure even distribution.

3. Place on parchment-lined baking sheets and roast each vegetable until soft enough to pierce with a fork and edges are golden, about 30 minutes. Softer vegetables such as bell peppers will take less time. Pickled carrots and daikon.

4. Display vegetables on a large platter and serve at room temperature with Saffron Aioli.

Makes 12 servings.

Saffron Aioli

1. In a very small saucepan on low heat, combine vinegar and garlic and bring to a simmer or heat in a microwave for 30-60 seconds. Add saffron and stir to release its red tint. Add honey, stir until dissolved, and remove from heat. Set aside to cool for 10 minutes. Add mayonnaise, whisking until thoroughly combined.

Makes 1 cup (250 mL)

Cold Spiced Cider

Makes 8 servings

Ingredients:

- 2 cups (500 mL) apple cider (for mulling)
- 2 cinnamon sticks
- 6 star anise
- 1 tsp whole cloves
- 1 orange, sliced
- 2 in (5 cm) fresh ginger, peeled and sliced lengthwise
- 1 cup (250 mL) bourbon
- 2 12-oz (355-mL) bottles hard pear cider
- 2 cups (500 mL) cold apple cider (for finishing)
- 1 tbsp orange zest, for garnish
- 8 star anise, for garnish

Directions:

1. In a small saucepan on medium heat, combine apple cider, cinnamon, star anise, cloves, orange slices, and ginger and bring to a boil. Reduce heat and simmer for 30 minutes to make a concentrate. Set aside and let cool.
2. Combine mulled apple cider, bourbon, pear cider, and cold apple cider in a large cocktail pitcher. Stir well and pour over ice. Garnish with orange zest and star anise.



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**ROSE REISMAN THE SAVVY EATER****THIS WEEK:** Chicken chipotle tacos vs. Chipotle steak burrito

Eat like a Texan, but be smart about it!

PICK THIS**Chicken chipotle tacos (x3)**

Calories 865
Fat 24.5g
Sugar 9.5g
Sodium 1755mg

**SKIP THIS****Chipotle steak burrito**

Calories 1290
Fat 60.5g
Sugar 17.5g
Sodium 2960mg

**HERE'S WHY****Equivalent in fat to almost 8 regular hamburgers from McDonalds.**

The burrito with all the "fixins" is close to a day's worth of calories and fat, and two days' worth of sodium! The reason is not just because of the sour cream and guacamole, but the fact that a large flour tortilla has more calories, fat and sodium compared to 3 small corn tortillas. The burrito also weighs close to 24 oz, compared to the tacos coming in at about 16 oz. By going for a more reasonably-sized meal and swapping out the flour tortilla and additional toppings, you can still get a delicious and filling tex-mex meal without going off the deep end nutritionally.

FOOD**More to Fieri than greasy comfort food**

Of all the celebrity chefs out there, there's one you'd least expect to sing the praises of spinach, kale and Brussels sprouts. That would be Guy Fieri.

The spiky-haired champion of American comfort food is more associated with greasy chili dogs than salad, the fryer over the fig. But are you sure you know all the sides of this guy? "I'm a big greens fan. I'm a big vegetable fan. I'm a big whole grains fan. And I exercise a lot. That's how I keep this petite dancer's figure," he said, laughing. "A lot of people misinterpret what I do."

Fieri has built a food career on a certain amount of flash — a rock star image complete with tattoos and jewelry, a fleet of yellow muscle cars and high-octane dishes including Bacon Mac 'n' Cheese Burgers.

But he's also raised a family in the same Northern California house for the last 20 years, eats a burger maybe once a month, considers culinary innovator Jose Andres a hero, and says things like "I cannot get enough farro."

Both sides are on display in his new cookbook, *Guy Fieri Family Food* (William Morrow), with recipes that range from

**Guy Fieri** THE ASSOCIATED PRESS

Chicken Bacon Ranch Pizza to Quick Cracked Bulgur Wheat Salad. It's what his family eats, with tips on how to stretch leftovers into several meals.

"It kind of moves all over the board," said Fieri, who started with 200 recipes and whittled them down to 125. "It was a full-blown family project with everyone involved and picking what they liked and didn't like."

Fieri broke into the mainstream after winning *The Next Food Network Star*. He went on to put his name on more than 30 restaurants across America and Mexico.

THE ASSOCIATED PRESS

LIQUID ASSETS**Embrace simplicity with Nouveau this November**

Tomorrow is the third Thursday of November which can only mean two things: a new episode of *The Big Bang Theory* and, for a whole different group of nerds, the release of Beaujolais Nouveau.

The talk of Paris, and many international cities, for most of the 1970s and '80s, Nouveau's cache became cliché during the New World wine revolution of the '90s. What goes around comes around in the liquor industry, with millennial wine fans now embracing the simplicity and fun the wine's release injects into a cold November night.

Sadly the wines are ignored by wine "experts" who just don't get that a Nouveau's fresh and juicy flavour profile is meant to inspire poems, not essays. While the selection of wines may vary across the country, **Mommessin's 2016 Beaujolais Nouveau** (\$15.99-\$18.99) has national distribution and well represents the concept. PETER ROCKWELL/METRO

**TASTE CANADA****Honouring culinary writing**

Two books about gluten-free food won gold and silver medals Monday in a new category created by the Taste Canada Awards.

In the Health and Special Diet Cookbooks category in English, Meghan Telpner won gold for *The UnDiet Cookbook: 130 Gluten-Free Recipes for a Healthy and Awesome Life*, while Mary Jo Eustace took the silver for *Scared Wheatless: Delicious Gluten-Free Recipes That Won't Make You Lose Your Mind*.

Taste Canada presented awards in six categories in English and French and recognized two writers with Hall of Fame honours. Judges picked the winners from 150 submissions, 96 books and 54 food blogs.

Author Julian Armstrong, an author and award-winning food journalist at the *Montreal Star* and *Montreal Gazette*, was honoured as a Hall of Fame Award inductee. Her two cookbooks — *A Taste of Quebec* (1990, updated in 2001) and *Made in Quebec: A Culinary Journey* (2014) — explain and celebrate her adopted province's cuisine, which she has explored for more than 50 years.

James Barber, who died in 2007, was the other inductee. The Vancouver engineer, who started food writing in his late 40s, wrote 12 cookbooks and be-

came best known as *The Urban Peasant*, the name of his cooking show which ran on CBC from 1991 to 2002.

Taste Canada Awards have been honouring Canada's culinary writers for 19 years.

Here are some of this year's winners:

English language Culinary narratives

Gold - *Sir John's Table: The Culinary Life and Times of Canada's First Prime Minister* by Lindy Mechefske (Goose Lane Editions)

General cookbooks

Gold - *Canadian Living: The Ultimate Cookbook* by Canadian Living Test Kitchen (Les Éditions de l'Homme)

Regional/Cultural cookbooks

Gold - *A Taste of Haida Gwaii: Food Gathering and Feasting at the Edge of the World* by Susan Musgrave (Whitecap Books)

Single-subject cookbooks

Gold - *The Ocean Wise Cookbook 2: More Seafood Recipes That Are Good for the Planet* by Jane Mundy (Whitecap Books)

Health and special diet cookbooks

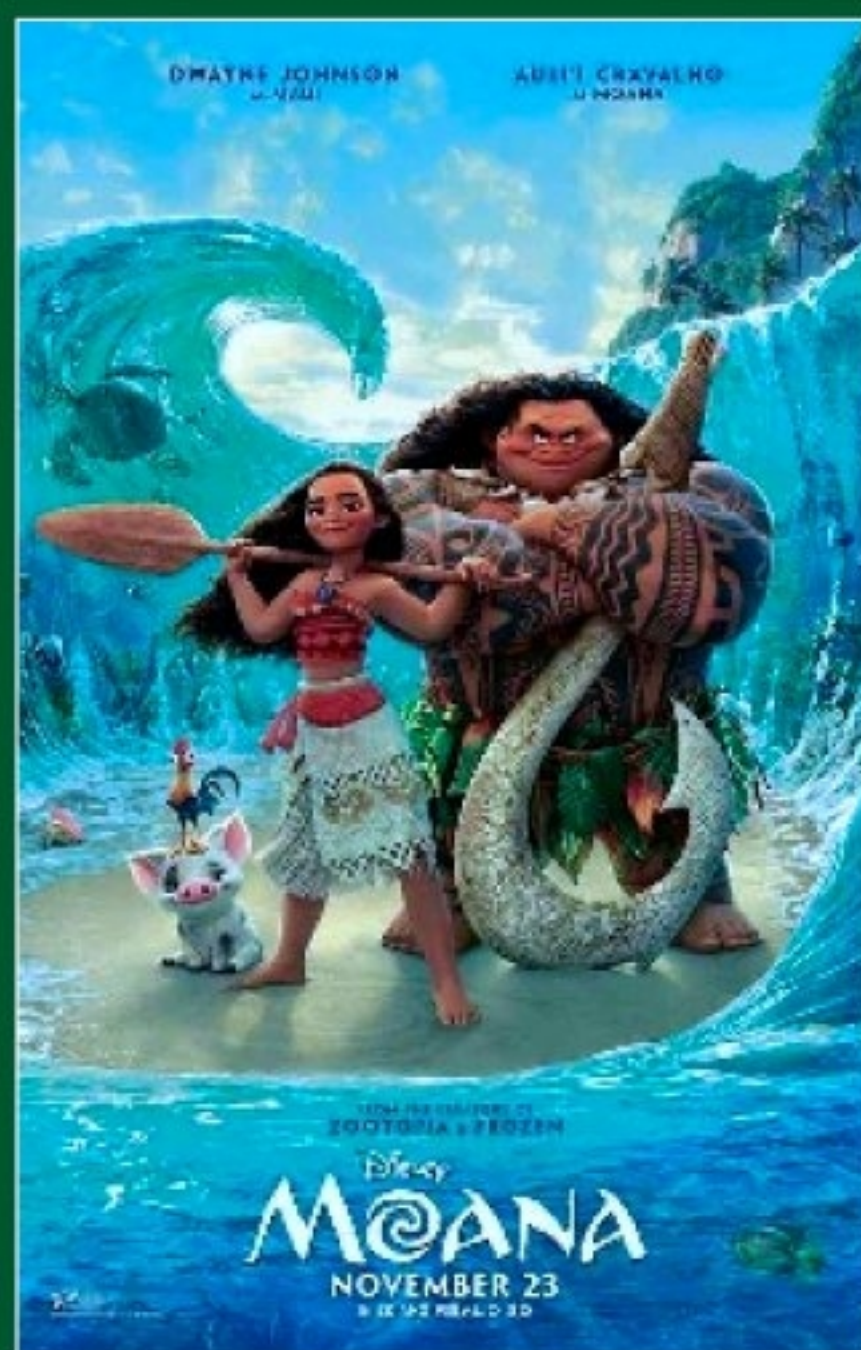
Gold - *The UnDiet Cookbook: 130 Gluten-Free Recipes for a*



Healthy and Awesome Life by Meghan Telpner (Appetite by Random House)

Food blog

Gold - *In Pursuit of More* (www.inpursuitofmore.com) by Shira McDermott THE CANADIAN PRESS

**YOU COULD BE ON YOUR WAY TO SEE****Disney MOANA**

Walt Disney Animation Studios' new feature film **MOANA** is about an adventurous teenager who, with help from demigod Maui, sails out on a daring mission to prove herself a master wayfinder and save her people.

We're giving away 25 double passes to the 3D advance screening on November 21 and 10 soundtracks provided by Universal Music Canada.

To enter go to:

Wonderlist.ca**MOANA IS IN THEATRES NOVEMBER 23RD**

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No purchase necessary. Contest open to residents of Ontario, British Columbia, and Alberta, who have reached the age of majority in their province. Odds of winning depend on the number of eligible entries received. Skill testing question required. Value of passes is \$25 and soundtrack is \$12. Contest closes at 9:00 a.m. on November 18, 2016. Complete contest rules at wonderlist.ca.



It's the hottest toy of the year

CONSUMER MARKET

Hatchimal sells out across Canada; savvy resellers profit

Even if they're not quite sure what it is, kids know they want a Hatchimal.

They've seen the commercials. They've seen the catalogues. Some lucky child in their class has gotten their sticky hands on one. This year's hot holiday toy comes in the form of a Draggie, Penguala, Owlicorn, Burtle or Bearakeet. The winged, cyber plush creature is hidden inside the cardboard egg until it pecks its way out.

But good luck finding one. The \$90-ish toys were released on Oct. 7 and just over a month later, are mostly sold out across Canada with savvy resellers offering the candy-coloured bird-like beings at nearly three times their value on Craigslist, eBay and social media. One was going for \$250 on a local buy-and-sell Facebook group, causing a backlash and flurry of angry messages among those who felt the resale price was exploitative. On Kijiji, one hopeful seller was offering a Penguala in a teal and pink egg for a cool \$1,000.

A message on the official Hatchimals website will likely disappoint parents looking to buy one at a reasonable price.

"The consumer response to Hatchimals has been extraordinary, exceeding all expectations. Some of our first shipments have already sold out," it says in part. Mellissa McDonald's 6-year-



Avalyn, 6, plays with her new Hatchimal just as it begins to peck through the shell. Hatchimals are the new weird Xmas toy flying off the shelves. The egg must be cared for until it begins to hatch just as a real egg would. Inside is a plush bird that then responds to human interaction. RICHARD LAUTENS/TORSTAR NEWS SERVICE

old daughter Ella has her heart set on a Hatchimal.

"I went to try to find one not really knowing the hype about it," said the Kitchener mom, who has now called around to area toy stores, tried to find them online and even has family keeping an eye on U.S. stores. Her daughter's friends all want one as well.

"It certainly puts parents in a tough position," said McDonald, 38. "Sometimes the hype makes people want it more, and it makes people do crazy things for the It Toy. It's like,

"If I get this for my kid, then I'm doing a great job and I'm a great parent."

More stock, the company assures, will be available after the holidays, in January 2017. But that only amps up the pressure, said Seung Hwan (Mark) Lee, an associate professor at the Ted Rogers School of Retail Management at Ryerson University who studies consumer behaviour.

Several forces work together to create the fuss, Lee said. First, the toy is scarce, either in fact or in parents' imaginations. Some

retailers might withhold stock to create scarcity and demand. Photos of empty shelves start appearing. Parents and kids experience FOMO, or fear of missing out. Then social comparison creeps in, especially when it seems like everyone on Facebook is talking about the thing. And then there's a strong desire to belong to the "in crowd" of those lucky enough to find one.

"It's human nature to compare ourselves to other people," Lee said. He believes in the power of the influencer, the

parent with a big social media following or who otherwise seem "in the know."

Although named a "top toy" for 2016 by many major retailers and appearing on catalogue covers, supply is spotty at best. Hatchimal is sold out at Toys R Us stores across Canada, that company confirmed, adding it's unclear whether they will receive more before Christmas. The same is true of Indigo, where "sales have been off the charts," according to a spokesperson.

The store Showcase is sell-

ing via a pre-order and charging \$119.99, according to the website. At Walmart, they cost \$59.97 but are sold out online and in most stores.

Specialty store Mastermind Toys should receive a new shipment early December, flown in from factories in China. CEO Jonathan Levy likened the Hatchimal to an updated Tamagotchi, a digital pet from the '90s that had to be similarly "fed" and "nurtured" but was keychain-sized and less friendly.

TORSTAR NEWS SERVICE



JOHANNA SCHNELLER WHAT I'M WATCHING

Cutting your hair and other prison essentials

THE SHOW: How to Prepare for Prison, Nov. 16 (TVO)
THE MOMENT: The Haircut

Courtney Hills stole \$950,000 from her employer in Calgary and pleaded guilty. As she waits to be sentenced, she meets with a prison consultant, Lee Chapelle, who spent 21 years behind bars. (According to this doc from director Matt Gallagher, rising incarceration rates in North America have turned prison consultancy into a cottage industry.)

"So, haircut tomorrow," Lee says to Courtney, who is 20-something, with long hair. "We know why we do this: manageability, potential lockdown, lack of shower time, plus elim-



Courtney Hills is told by prison consultant Lee Chapelle that she has to cut her hair before going to prison. CONTRIBUTED

inate any chance of somebody being able to use it physically against you, grabbing your hair."

In an interview for the cam-

era, Lee explains, "Prison changes people. You put on a mask to survive. You don't cry, you don't smile. As time passes, this

is no longer an act. This becomes the person."

"I have to become someone I'm not but not lose the person

I was," Courtney says.

Inside this film is another fascinating one waiting to be made about prison consultants

— great topic! — and the scene above should be in it. I'd love to be walked through the steps that a person needs to take to be ready to do time.

Despite its promising title, this film is not that. Instead, it decodes a system that sends non-violent offenders to prison and then, somewhat cruelly, tries to manufacture suspense about what kind of sentence Courtney and two other accused criminals might get. It should have been called, *I Wish Someone Had Scared Me Straight, But Now It's Too Late*.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Take a trek on the WorkBC site

EMPLOYMENT

Fun online series is filled with career facts, figures

Will McGuirk

You may not know Brian and Viviana but they have the best job. They co-host the WorkBC Career Trek education video series.

The WorkBC website offers detailed information about career options, salaries, educational requirements and what jobs are on the way up and on the way out; a valuable resource for all those planning their futures whether grads, laid-off workers, or those new to the world of employment, those looking for a second income. Whatever the impetus Brian and Viv's treks are the way to go.

In online, fun, fact-filled short docs they interview a variety of folks about their jobs; 95 careers have already been filed, everything from restaurant managers to air pilots.

Actually if their job isn't avail-



According to the WorkBC website, in the next 10 years there are 1,500 potential openings for pilots in British Columbia. ISTOCK

able, being a pilot would be the next best option. According to the WorkBC website, in the next 10 years there are 1,500 potential openings for pilots in British

Columbia. Charter commercial flights are taking off. Opportunities range from dropping skiers off on mountain peaks, being a traffic reporter or carrying crew

to offshore rigs.

Other jobs taking off can be found under the Jobs In Demand tab, a link to the province's top occupations based on

projections for 2025. Of course these are only the jobs we are aware of now. New technologies are creating new sectors and new employment such as

the craft brewery industry, and new sources of revenue such as Uber and AirBnB.

The opportunities are listed according to educational requirements and salary expectations. For Bachelor, grad or first professional degree, it's retail and wholesale trade managers which top the top list; projected openings are 28,400. Insurance, real estate and financial brokerage managers are next with 8,800. For high school and occupation specific training the list maxes out a \$660,000 — heavy equipment operators are in that category.

Brian and Viviana's job falls under the Producers, directors, choreographers and related occupations. It's predominantly part-time, young and male (so yay Viv for breaking barriers). Opportunities are not expected to grow, down from over 1,000 in 2015 to 240 in 2020. In other words the job is not the best career choice for any but the most passionate.

If passion is your future focus or you just need an extra revenue stream, dial in Brian and Viv on WorkBC and start your own career trek. Bring a camera, you never know.

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Focus RS worthy of the hype



REVIEW

What it lacks in subtlety it makes up for in power



Count me among the embittered, my frustration growing with each passing year as another European sports wagon or hot hatch fails to make it to this side of the Atlantic.

But the tide is slowly turning, and with it, my feelings from frustration to jubilation, as more and more bubble-backed dream machines make their way to North American shores. Among the latest to do so is the Ford Focus RS, a rally-inspired ride that would make even the most die-hard Subaru fan blush.

The Focus RS is the third — and hottest — hot hatch in Ford's current crop of cars, joining ST versions of the Focus and smaller Fiesta. And while those two are easily counted among the most fun-to-drive cars on the market today, they seem optically ordinary when lined up next to the RS.

The gargantuan grille, massive spoiler, and rear diffuser complete with huge exhaust tips are definitely not doing anything to hide what lurks beneath the sheetmetal. Add in the optional nitrous blue paint, and the RS borders on aesthetically offensive, and has "cop-magnet" written all over it.

It's not that there's anything particularly wrong with the Focus RS, but it's far from understated, and won't check any boxes for those in the market for a sleeper.

What's under the hood will do about as little to avoid the attention of the local police as the in-your-face exterior, with power coming from the same 2.3-litre turbocharged four-cylinder found in the Mustang EcoBoost. Truthfully, I never thought the engine was a match for the Mustang, feeling a bit unresponsive and underpowered. Neither of those issues plague the EcoBoost RS, though, with a few extra tricks up its sleeve — namely a new twin-scroll turbocharger and larger intercooler — that help push output to a ridiculous 350 hp and 350 lb-ft of torque.

All that power heads to the wheels through a torque-vectoring all-wheel-drive system that features a pair of clutch packs that can split power front to back and side to side before you even know you need it there, sending power outside, for example, to kill any semblance of understeer.

The only gearbox available is a six-speed manual, but it is one of the finest examples on the market today, and features tremendously short throws and a nicely weighted clutch that is neither too heavy or too light.

After years of begging, Ford has finally answered the call, delivering the Focus RS to North American shores for the first time — and with it, a car worthy of the hype. It is one of the most fun, well-rounded sports cars I have ever driven, proving itself user-friendly and smile-inducing in a way that's hard to match.

THE CHECKLIST | 2017 FORD FOCUS RS REVIEW

THE BASICS

Engine: 2.3L turbo four-cylinder
Power: 350 hp, 350 lb-ft
Transmission: Six-speed manual
Fuel Economy (L/100 km): 12.1 city, 9.3 hwy
Price: Starts at \$47,969



LOVE IT

- Power for days
- Smooth-shifting gearbox
- Torque-vectoring AWD

LEAVE IT

- Bland interior
- Non-adjustable seat bolsters
- In-your-face exterior

TECHNOLOGY

Android Auto will now be available in every car, including older ones



Google is making it even easier for people with Android phones to safely enjoy their devices while they drive.

Android Auto was launched two years ago with the goal of better integrating phones and cars, giving drivers an easier way to access the information

they need.

Although there are currently more than 200 new car models that support Android Auto, there are still millions of older cars that aren't able to take advantage of the technology.

A new update now allows anyone with an Android phone running 5.0 or later to take advantage of Android Auto, right from their phone screen.

So whether an Android phone is connected to a compatible car display or placed in a car mount, drivers can access all the important data they need, such as directions, music, and communications, without the distraction of non-essential information while driving.

At the same time, users can listen to music through apps like Spotify, Pandora or Google Play Music, as well as

make calls or send messages with hands-free voice commands. Naturally, there's also turn-by-turn navigation with Google Maps.

The update also adds the ability to automatically start the Android Auto app when the phone is paired to the car via Bluetooth.

The company also plans on enhancing the support for hands-free voice commands in the coming weeks.



An iPhone is connected to a 2016 Chevrolet Malibu. An update now allows anyone with a newer Android phone to take advantage of Android Auto. THE ASSOCIATED PRESS FILE



Taking a walk with my best friend.
Kyle & Rudy, 100 mile house

FIND YOUR  PLACE.

Model shown:
Civic EX-1.5 EC2F8GJY

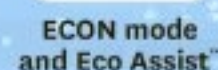
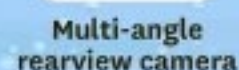
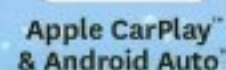
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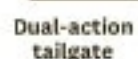
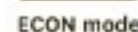
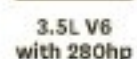


Model shown:
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Tesla's cross-country road trip a challenge



Experts suggest Elon Musk's plans to drive a car across the U.S. by itself could work in theory, but his 2017 deadline might not be realistic. THE ASSOCIATED PRESS FILE

AUTONOMOUS DRIVING

Ambitious plan faces difficulties



Brooks Harvey
AutoGuide.com

Tesla CEO Elon Musk recently revealed that every new Tesla will be fully capable of driving itself, and he wants to prove that the technology works by driving one from Los Angeles to New York in 2017 totally autonomously. But there are dozens of challenges standing between Musk and his goal.

New Tesla cars will come fitted with sensors and cameras that Musk said will give his cars the potential for level 5 autonomy. Basically, a level 5 car requires zero interaction from the driver and, in theory, wouldn't even require a steering wheel or gas pedal.

Most autonomous driving vehicles today fall under level 3 autonomy, meaning the cars have an option to control acceleration and steering, but still require a human driver to intervene in certain conditions.

Musk, however, wants his car to go across the country with basically zero human intervention.

Bryant Walker Smith, an automotive engineer and lawyer who specializes in autonomous driving, said he believes the trip is definitely possible, but that people need to understand the difference between fully autonomous driving and partial automation. In this case, partial

automation means it's not full-time self-driving, but rather a mode that can be switched on where the car can handle all the driving without the need for human input. This would classify as level 4 automation and anything under level 4 is basically advanced cruise control that can brake and steer.

"The important point that people miss is that they talk about automated driving as if it's one specific technology that exists, and that's just not true," said Smith. "It's a range of technologies and applications, many of which are only under research and development, and some of which are deployed in limited context."

Limited context being the key phrase here, because there would be many unique challenges a self-driving car would face driving across the country, such as deer running onto the road, bad weather, confusing roads, or construction and detours. When asked what the status was on its projections, Tesla declined to comment.

"By definition, if a vehicle is Level 4, it is capable of either dealing with detours, or pulling off to the side of the road safely and waiting for somebody to drive it," said Smith.

"These cars don't have superpowers ... If a deer were to run out in front of a car and there was no possibility of a human stopping, then, as the law of physics would dictate, neither would the automated car."

Smith notes that it's difficult to talk about what would happen if a fully automated level 5 vehicle made a road trip, because the technology isn't ready yet.

+ NOT NEW

Similar attempts

Musk's plan to have a vehicle drive itself across the country may seem cavalier, but it is not completely new. Several automotive companies have already had partially autonomous vehicles make long-distance road trips, including Mercedes parent company Daimler and automotive supplier Delphi.

"We can talk about what would be expected of the system at the point that it is ready, but implicit in that is the important recognition that these systems have not been commercialized yet because they are not ready."

Smith said he believes the higher levels of automation will likely be possible by the end of Tesla's timeline under very limited circumstances. So it's not a question of if but when.

Raquel Urtasun, an associate professor at the University of Toronto who specializes in machine vision for autonomous driving (how the vehicle sees by interpreting visual data into its computers) believes autonomous driving technology isn't quite ready to be fully rolled out by Musk's 2017 deadline.

"The technology is not ready, and the Tesla autopilot accidents in the past few months are an indication of this fact," she said.

"It might be possible to do a long-distance drive, but it's not really about that. It's about doing millions of drives and that's a different story," she said.

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+ WHEELS BRIEF

Honda developing touch-sensitive self-tinting windows

Honda has applied to patent a new system that will give occupants in its cars the ability to control the shading of the windows with a touch.

Much like the Magic Sky Control sunroof found in some Mercedes products, Honda has developed a system that allows you to control how opaque windows can be, but this system takes it one step further.

By dragging your finger across the window, you can control exactly how much of the window you want to be shaded. Thanks to this controllable size, a setup like this could be used on any window on the car, including the windshield, taking the place of the flip-down sun visors found in modern cars.

The patent says that the window shade system can only be used while the car is parked, and that it would use pinch movements for controls.

STEPHEN ELMER/AUTOGUIDE.COM

MINI maximizes its first plug-in hybrid

NEW RELEASES

New Countryman brand's largest car yet



Jason Siu
AutoGuide.com

MINI has introduced its biggest model ever.

The all-new 2017 MINI Countryman also marks the first time the British automaker has offered a plug-in hybrid, the MINI Cooper S E Countryman ALL4.

The plug-in hybrid variant features a three-cylinder MINI TwinPower Turbo gasoline engine and an electric hybrid synchronous motor offering a combined system output of 221 horsepower while connected to a six-speed Steptronic automatic transmission. The plug-in hybrid Countryman will offer a range up to 39 kilometres while running on electrical power alone.

Overall, the new Countryman is 20 centimetres longer than its predecessor, packing five full-fledged seats with in-



The new Countryman now has five full-fledged seats. HANDOUT

creased space and versatility. The wheelbase has been extended more than seven centimetres and the result is a luggage compartment volume of half a cubic metre that can be extended to a maximum of 1.4 cubic metres.

Along with the plug-in hybrid version, the new MINI Countryman will launch in two trims,

with the standard model outfitted with a three-cylinder engine providing 134 hp and 162 pound-feet of torque. The more powerful MINI Cooper S Countryman is powered by a four-cylinder engine with 189 hp and 207 lb-ft of torque. Both engines can be configured with either front-wheel drive or ALL4 all-wheel drive and comes stan-

dard with a six-speed manual transmission.

The Cooper S Countryman, Cooper S Countryman ALL4 and Cooper Countryman ALL4 are available with an optional eight-speed Steptronic automatic transmission, while the front-wheel-drive Cooper Countryman is offered with a six-speed Steptronic unit.

+ DEBUT

Release

The all-new MINI Countryman made its public debut at the 2016 L.A. Auto Show with a market launch to follow in Europe in February 2017. It will arrive in the U.S. in March 2017, although the plug-in hybrid version won't get to dealerships until June 2017.

Pricing

Expect pricing to be announced closer to its release.

Available as an option on the model is a power opening and closing tailgate, while the standard storage package includes an adjustable-height cargo area floor, lashing eyes, tension straps and a stainless steel insert on the loading sill.

Another unique option is the Picnic Bench, which is an upholstered, padded cushion that folds out of the luggage compartment and provides seating on top of the rear bumper for two people while the vehicle is parked.

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Highline model shown

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"I don't agree with the system of oppression": Colin Kaepernick is standing by his decision not to vote in the U.S. presidential election



NHL RANGERS RUN DOWN CANUCKS Kevin Hayes of the Rangers checks the Canucks' Troy Stecher at Rogers Arena on Tuesday night. Both J.T. Miller and Kevin Hayes scored twice in the Rangers' 7-2 victory. Brandon Sutter and Markus Granlund scored for Vancouver. The Canucks will host the Coyotes on Thursday night. DARRYL DYCK/THE CANADIAN PRESS

CFL

Grey Cup fete backs LGBTQ community

The Canadian Football League is rolling out the rainbow carpet at the Grey Cup in Toronto.

The CFL and You Can Play will host an official party supporting the LGBTQ community for the first time in CFL history, on Nov. 25 — the Friday night of Grey Cup Week-end.

The celebration, in downtown Toronto, will be powered by global law firm Baker & McKenzie, and Striker Sports Bar — Canada's first LGBTQ sports bar which

opened in September.

"The Grey Cup is Canada's biggest annual party and everyone's invited," CFL commissioner Jeffrey Orridge said in a statement.



"This event is going to be a whole lot of fun, and it's another step we're taking to ensure the CFL is a home for all fans. We've made a lot of progress on LGBTQ inclusion through our partnership with You Can Play, and we're not done yet."

THE CANADIAN PRESS

IN BRIEF

CFL moving its national combine to Saskatchewan

The CFL is breaking with 17 years of tradition and moving its biggest off-season event, the national players' combine, west to Saskatchewan.

The league will host the combine, part of the CFL Week event, from March 20-26 in Regina. The combine has been held in Toronto since 2000.

THE CANADIAN PRESS

Cespedes, Abreu among witnesses in smuggling trial

New York Mets slugger Yoenis Cespedes and Chicago White Sox star Jose Abreu are among those on a U.S. witness list for an upcoming Cuban ballplayer smuggling trial. Sport agents Bartolo Hernandez and Julio Estrada have pleaded not guilty to charges of conspiracy and bringing immigrants into the U.S. illegally. THE ASSOCIATED PRESS

GM meetings lay into blindside hits

NHL

Topic of interest again after Kadri's hit on Sedin

When Maple Leafs centre Nazem Kadri clocked Canucks winger Daniel Sedin from the blindside on Nov. 5 he inadvertently reignited a debate about blindside hits in the National Hockey League.

The topic came up at Tuesday's GM meetings in Toronto and was deemed worthy of further consideration for the next gathering in March.

"There's an element in this game, a physical element, that has to stay," said Edmonton Oilers GM Peter Chiarelli. "You also have to respect your opponent."

"There's a lot of passion on both sides of the coin when it comes to hitting and making sure that it is still an integral part of the game because nobody wants to see that lost," Winnipeg Jets GM Kevin Cheveldayoff added. "Now, certainly the mindset is 'players' safety first'. The hard part, and I feel for Player Safety (department), they have to rule by the letter of the rule."

Kadri drew no supplementary discipline for the Sedin hit because his main point of contact was the shoulder, not the head. While technically not illegal (though he was penalized for charging), the hit was violent and sparked outcry from the



Maple Leafs centre Nazem Kadri tussles with the Canucks' Jannik Hansen after laying out Daniel Sedin on Nov. 5 in Toronto. RICK MADONIK/TORSTAR NEWS SERVICE

Canucks, who argued that Sedin could have been seriously hurt on the play (he was not).

Chiarelli was the GM of the Boston Bruins when two-time all-star Marc Savard was checked from the blindside by Matt Cooke, a hit that also drew no additional discipline but set off an intense conversation about the place of such hits in the game. A rule specifically addressing blindside hits

was added and then adjusted to remove the blindside element.

Such hits are only illegal if the main point of contact is the head.

Also on the docket for the GMs Tuesday were potential adjustments to the shootout, specifically making it permissible for shooters to shoot more than once. Under one such concept teams would roll out three different shooters and could then use the same one player any

number of times.

Jonathan Toews and T.J. Oshie both shined at different international events by shooting and scoring multiple times.

"I got to admit it's entertaining," Minnesota Wild GM Chuck Fletcher said, referring to Toews and others like him internationally. "It's certainly something to consider."

Under the current rules no player may shoot more than once until all eligible shooters have been used. Shootouts are down considerably since the addition of 3-on-3 overtime.

THE CANADIAN PRESS

There's an element in this game, a physical element, that has to stay. Oilers GM Peter Chiarelli

MLB

Roberts, Francona named top managers

Dave Roberts of the Los Angeles Dodgers has won the National League Manager of the Year award and Terry Francona of the Cleveland Indians has earned the AL honour.

Roberts won in his first year as a manager. A former backup outfielder, his highlight as a player was a key stolen base in the 2004 playoffs for a Boston team guided by Francona.

Members of the Baseball Writers' Association of America voted at the end of the regu-



Dave Roberts and Terry Francona GETTY IMAGES

lar season. The awards were announced Tuesday on MLB Network.

Roberts beat out Joe Maddon,



2 Francona also won the AL Manager of the Year award in 2013 after his first season with Cleveland.

who led the Chicago Cubs to the World Series championship, and Washington's Dusty Baker.

Roberts led Los Angeles to

the NL West title despite the Dodgers putting 28 different players on the disabled list, more than any team in the last 30 years.

Francona guided a club beset by injuries and drug suspensions to a surprising first-place finish. The Indians had a 3-1 lead in the World Series before the Cubs rallied.

Texas' Jeff Banister was second and Baltimore's Buck Showalter was third.

THE ASSOCIATED PRESS

Cavs sink Raptors to match best start

NBA

James and co. edge Toronto to make it nine wins out of 10

LeBron James had 28 points and 14 assists, Kyrie Irving scored 24 points and the Cleveland Cavaliers beat the Toronto Raptors 121-117 on Tuesday night to match the best start in franchise history after 10 games.

It was another tense matchup between the teams who met in last season's Eastern Conference finals and could get there again. Channing Frye's 3-pointer from the top of the key with 59

seconds left put the Cavs up by one. Kevin Love added 19 points and 13 rebounds for the Cavs, who are 9-1 for the first time since 1976-77.

Lowry scored 28 and DeMar DeRozan added 26 for the Raptors, who complained about fouls called against Lowry and Jonas Valanciunas in the final two minutes and a possible goaltending violation against the Cavs that wasn't called in the closing seconds. Toronto came in 5-0 in games where Lowry and DeRozan combined for more than 50 points. The Cavs made 13 3-pointers and have dropped at least 10 in all 10 games, extending their league record to start a season.

After DeRozan's free throw put Toronto ahead 115-114, Frye

TUESDAY in Cleveland

121 117
CAVALIERS RAPTORS

knocked down his 3, and following a timeout, DeRozan missed a jumper. The Cavs called time with 41.3 seconds left and then ran a designed play for James, who got free for a layup to make it 119-115. James extended the lead to five with a free throw and the Raptors missed several easy shots before Lowry's layup got them within 120-117. Cleveland's Iman Shumpert closed the scoring with a free throw with 1.8 left. THE ASSOCIATED PRESS



Cleveland Cavaliers' LeBron James, right, drives past Toronto Raptors' Norman Powell during the first half in Cleveland. James scored 28 on the night. AP PHOTO/PHIL LONG

+ LEBRON ANGRY

LeBron James respected Phil Jackson's unmatched coaching accomplishments. That affection has vanished. "I've got nothing for him," James said Tuesday.

James fired back at the 11-time coaching champion and current New York Knicks president for using the word "posse" in a recent interview to describe the NBA megastar's business associates. James said he lost all respect for Jackson and his comments underline a larger societal issue for young African-Americans trying to succeed in business.

In the interview, Jackson said James called his departure from Miami as a free agent a "slap in the face" to the Heat.

THE ASSOCIATED PRESS

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1	5	7	9	4	6	3	2	8
4	3	9	1	8	2	5	6	7
6	8	2	3	7	5	1	4	9
8	7	5	6	9	1	4	3	2
3	2	4	7	5	8	6	9	1
9	6	1	2	3	4	8	7	5
2	1	3	8	6	9	7	5	4
5	9	6	4	1	7	2	8	3
7	4	8	5	2	3	9	1	6

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IN BRIEF

Seahawks release Michael

The Seattle Seahawks released running back Christine Michael after the former second-round draft pick lost his starting job to rookie C.J. Prosise.

Seattle also released veteran defensive tackle Sealver Siliga and signed defensive tackle John Jenkins. The move by Seattle came as a surprise if for nothing else than depth concerns, but that worry is mitigated by the expected return of Thomas Rawls this week. THE ASSOCIATED PRESS

Costa Rica rout the USA

The USA put itself in a deep hole in World Cup qualifying with one of its worst performances in decades.

Taking advantage of defensive mistakes, Costa Rica routed the U.S. 4-0 Tuesday night to drop the Americans to 0-2 for the first time in the final round of the North and Central American and Caribbean region. Johan Venegas scored in the 43rd minute, Cristian Bolanos doubled the lead in the 69th before Joel Campbell netted twice. THE ASSOCIATED PRESS

NFL

Romo assures Dak he has his back

Tony Romo stopped a reporter in the middle of what appeared to be the first question in his first meeting with the media since August. The Dallas quarterback brought a statement, and he wasn't going to answer any questions Tuesday.

The 36-year-old coming off his fourth back injury in less than four years conceded the starting job to Dak Prescott, who has led the Cowboys (8-1) to a franchise season record-tying eight straight wins and the best record



Tony Romo
GETTY IMAGES

in the NFL. And a sombre Romo didn't hide his disappointment while reading the five-minute statement.

"He's earned the right to be our quarterback," Romo said of the 23-year-old rookie. "As hard as that is for me to say, he's earned that right. He's guided our team to an 8-1 record and that's hard to do." THE ASSOCIATED PRESS

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SALE

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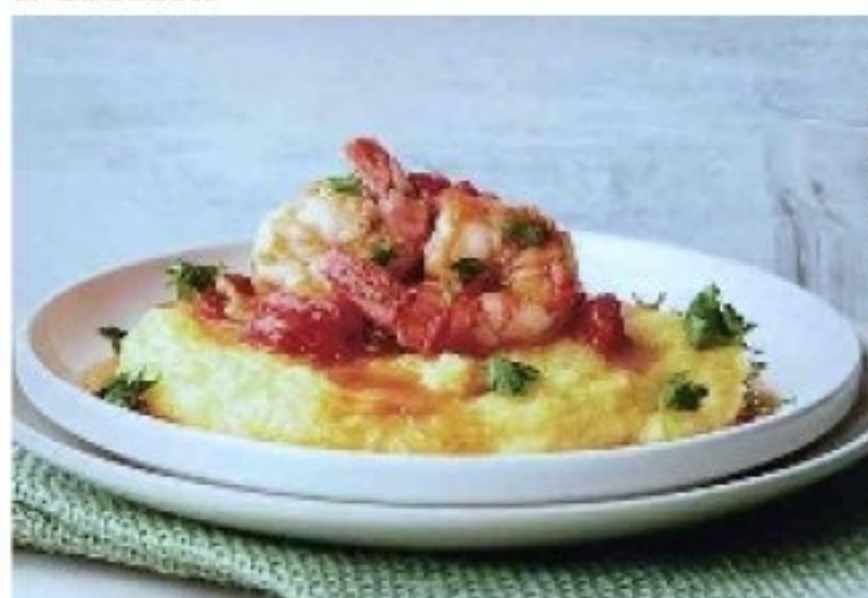


PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

We call this dish a pantry staple (you keep shrimp in the freezer and polenta in the cupboard, right?) so you're always only 25 minutes away from dinner.

Ready in 25 minutes

Prep time: 10 minutes
Cook time: 15 minutes
Serves 4

Ingredients

- 1 cup instant polenta
- 4 1/2 cups water
- 1/4 cup bacon, chopped
- 2 garlic cloves, minced
- 2 Tbsp olive oil
- 28 oz can of tomatoes
- 1 lb frozen or fresh shrimp, peeled, deveined, washed
- 1 small handful of parsley

Directions

1. Bring water to boil and slowly pour in polenta. Lower heat and keep stirring 3 to 5 minutes. Then take it off the heat and cover.
2. In a large pot, warm olive oil, then add bacon and garlic. Cook a few minutes until bacon gets brown, but not crispy. Add tomatoes and break up with back of a wooden spoon or a potato masher. Simmer about 10 minutes.
3. Toss shrimp, with or without tails, into tomato mixture and stir, cooking about 3 minutes, or until shrimp are cooked.
4. Give polenta another stir and maybe add a splash of water to loosen it. Create a nest of polenta and then ladle your saucy shrimp on top. Garnish with parsley.

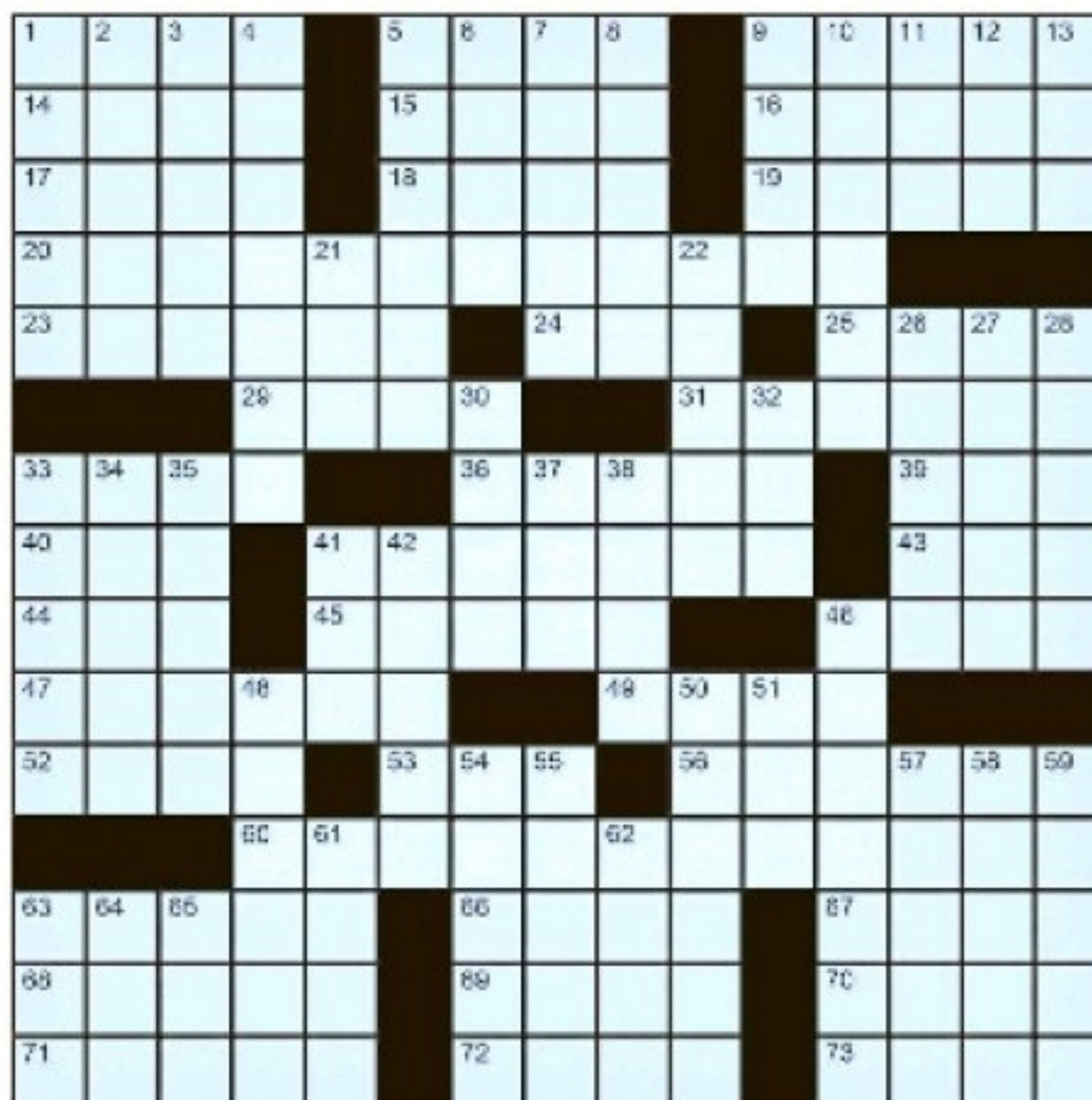
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ACROSS

1. King of Norway
5. Certain credit card
9. Concerning
14. Photographer/Mistress/Muse of Picasso, Maer (b.1907 - d.1997)
15. Worldwide [abbr.]
16. Bay, Ontario
17. "Blame ___ the Boogie" by The Jacksons
18. Tread
19. Rhinoplasty targets
20. Calgary Flames' affiliated team in California in the AHL: 2 wds.
23. Russian ballet legend Ms. Karsavina (b.1885 - d.1978)
24. LummoX
25. Camera lovers
29. Jim Carrey movie, "The ___" (1994)
31. Be a hero
33. Elvis Presley dog song: "Old ___"
36. Fab Four's famous Road
39. G7 summit attendee
40. "___ the Dog" (1997)
41. 1971 hit for Canadian band Stampers: 2 wds.
43. Kevin Costner movie, "___ Cup" (1996)
44. Not one in particular
45. "___ Is Born" (1976)
46. Jiffs
47. Creative genre



- for Andy Warhol: 2 wds.
49. Financial woe
52. Takes a chair
53. Sir McKellen
56. Frothy sweat treat
60. Be like Tina Turner and Bryan Adams on "It's Only

- Love": 3 wds.
63. Trans Canada ___
66. Nature's oxygen provider
67. Monogram's first name letter [abbr.]
68. Bizarre
69. Send forth
70. 'Susp' add-on
71. Wheel shafts

72. Blaring blah-blah-blah...
73. Types of orchestras, for short

DOWN

1. Poet like John Keats
2. "Whole ___ Love" by

- Led Zeppelin
3. "___ with a View" (1985)
4. Canadian actress Emily of "Captain America: Civil War" (2016)
5. Scenic views
6. "___ the Groove" by Madonna
7. Office item, ___ pad

8. ___ male
9. Ms. Kendrick
10. Restaurant seating preferences
11. Eithers partners
12. Driver's 4x4, commonly
13. Pluralised li'l weekday after Wednesday
21. Isthmus of ___ (Malay Peninsula part)
22. Mr. Zimbalist Jr.
26. Intense
27. Madonna song
28. Mr. Penn's
30. Go-___ (Fun racer)
32. Behold
33. Give and takes
34. Vietnam's capital city
35. Country in Africa
37. Lingerie item
38. Roger McGuinn, as a 1960s band member
41. Ford product
42. Awakened
46. Analyzes
48. Pursue a passion
50. Rik of Canadian rock band Triumph
51. Glamorous accessory
54. Blue Rodeo's "___ the Rain"
55. Montreal-born actress Ms. Shearer (b.1902 - d.1983)
57. Bright outside
58. Earthquake
59. 'Disk' suffixes
61. Yores
62. Harness
63. Defunct airline, e.g.
64. T. ___ (Big dino)
65. Garlic: French

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a day full of surprises. You might meet new people, especially younger people or people who are characters. Enjoy this day!

Taurus April 21 - May 21
Your finances are unpredictable today. Please take note: This is a poor day to spend money on anything other than gas, food and entertainment.

Gemini May 22 - June 21
For most of this day, the Moon is in your sign, but it is adrift. This is why you feel indecisive and unsure of what to do next. Just go with the flow.

Cancer June 22 - July 23
Solitude and a chance to work alone will appeal to you today. This is a poor day for making important decisions or spending money on anything other than gas and food.

Leo July 24 - Aug. 23
You will enjoy a heart-to-heart conversation with a female friend today. This is the kind of day where people will let their hair down and confide in each other.

Virgo Aug. 24 - Sept. 23
Be aware of what you do today, because others will notice you. This is not a good day for making important decisions. Do not volunteer for anything or accept increased responsibilities.

Libra Sept. 24 - Oct. 23
You will enjoy travel for pleasure today, plus a chance to see beautiful places and artistic objects. You want to expand your mind, but you don't want to make too much effort to do so.

Scorpio Oct. 24 - Nov. 22
Although you are focused on shared property, insurance issues, taxes and debt, today is a poor day to make important decisions in these areas. Just do your homework.

Sagittarius Nov. 23 - Dec. 21
For most of today, do not make demands of others. Conversely, don't volunteer for anything, either. Just go with the flow.

Capricorn Dec. 22 - Jan. 20
Your efforts to get better organized today will be challenged by silly interruptions and delays. Just take care of business as usual, and don't initiate anything new.

Aquarius Jan. 21 - Feb. 19
This is a wonderful, creative day for you! Look for ways to express your artistic talents. Enjoy sports events, social outings and playful times with children.

Pisces Feb. 20 - March 20
This is a good day to cocoon at home and do as little as possible. Use today to recharge your energy in a laid-back, easygoing way.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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METAL FABRICATION SHOP / WOOD SHOP

AUCTION

SATURDAY NOVEMBER 19TH, 9:30AM • 19757 92A Ave., Langley, BC

PREVIEW: Friday Nov. 18th, Noon to 6:00PM • AbleAuctions.ca



CONTENTS OF A LARGE METAL FABRICATION SHOP INCLUDING:

Welders, 3 large press brakes, hundreds of tools,
job boxes, saws, 12 20' and 40' sea containers,
dump trucks, pick up trucks, vehicles
AND A LOT MORE.



For information and pictures go to **ableauctions.ca**